



# Circular No. MAMS/2023-24/39

August 16, 2023

Dear parents and students

This is to inform you that as per the circular issued by the Government of NCT of Delhi, No. DE. 15(305)/PSB/2020/Pt. File-III an advisory has been issued regarding the restrictions on the use of mobile phones in the school premises under rule 43 of DSER 1973.(Circular is attached)

The advisory highlights the potential negative consequences of excessive mobile phone usage, such as depression, anxiety, social isolation, distraction in the learning process, academic performance issues, and inappropriate content sharing. Parents are requested to supervise the usage of mobile phones by their wards at home.

Parents are requested to ensure that their children do not bring mobile phones to the school.

Looking forward to your unwavering support in creating an optimal educational environment that is conducive to learning, growth and personal development.

Warm regards

Principal



# GOVERNMENT OF NATIONAL CAPITAL TERRITORY OF DELHI DIRECTORATE OF EDUCATION: PRIVATE SCHOOL BRANCH (PSB) OLD SECRETARIAT: DELHI-110054

No. DE. 15(305)/PSB/2020/Pt. File-III 7100-7104 Dated: 10 08 23

### ADVISORY

# Subject: Restrictions on the use of mobile phones in school premises under rule 43 of DSER 1973.

Mobile phone is one of the most commonly used gadgets in today's life irrespective of whether they are students, teachers, professionals or others. Hence, it is imperative for us to reflect on this over dependence on technological interventions which can have both positive and negative repercussion as an overuse of smartphone can result in higher levels on depression, anxiety, social isolation, hyper-activity, hyper-tension, sleep loss and poor eyesight. It can cause distractions in the learning process and can negatively impact academic performance, life satisfaction, face-to-face conversation quality, connection and closeness. Further, the incidents of bullying and harassment, transmission of explicit images photographing, recording or uploading inappropriate contents are also likely negatives that are detrimental to the social fabric as well as future of a child.

Hence, the use of Mobile Phones definitely needs to be regulated in school premises and therefore all stakeholders connected with school education such as students, parents, teachers and the heads of schools need to arrive at a consensus on the minimum use of mobile phones in their school so that a more meaningful learning atmosphere can be maintained in the classroom which makes for a better ambience and school environment for the students.

Accordingly, the parents are requested to ensure that their wards do not carry mobile phones in the school premises. In case, students bring mobile phones to the school, then the school authorities shall make adequate and appropriate arrangements for safe custody using lockers/others system etc. where the mobile phones can be deposited and returned to the students while leaving the schools. Mobile phones should strictly not be allowed in the classrooms. Further, teachers and other staff are refrained from using mobiles during the teaching learning activities i.e. in classrooms, playgrounds, laboratories and Library etc.

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The school authorities may provide sufficient dedicated helpline numbers to the parents/students from where the students can receive and make calls, in emergency.

Accordingly, HoS of all Govt. Schools & all the HoS/Manager of Private Unaided/Aided Recognized Schools of DoE are hereby advised to disseminate the above information to all the students & parents as well as all the teaching/non-teaching staff working in their schools and take necessary action.

To,

# 1) All HoS, Govt. Schools, GNCTD.

2) All HoS/Manager

Private Unaided/Aided Recognized Schools

HIMANSHU GUPTA DIRECTOR (EDUCATION)

## DE.15(305)/PSB/2020/Pt. File-III 7100-7104 Dated: 10 08 23 Copy for information and necessary action to:

- 1) PA to Director (Education), Dte. of Education, Old Sectt., Delhi. 2) All DDE(Distts./Zones) with the request to disseminate the information
- 3) OS to IT with the request to upload the same on the departmental website and in public domain also.
- 4) Guard File.

(HIMANSHU GUPTA DIRECTOR (EDUCATION)